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I Never Learned to Swim

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So much time looking at the water the view from the kitchen 3 miles to the horizon 44° N, 65° W the south shore of the province of Nova Scotia

My mother still paints
its moods and seasons
dark blue to black
grey in winter and in storm
Rippling, undulating
sometimes glassy smooth or sparkling
or churning, hurling sea spray with every smash against the rock
Hurricane Juan jostled boulders onto shore like pebbles tossed
nearly washed us all away

More often the water a sea of whitecaps tipped bits brushed on the cusp of each rippling wave

Or some days the water concealed yet fifty feet away the fog and mist of sea air so thick it's difficult to tell where air ends and water begins

But for the boulders that hug the shore, massive there smaller and rounder around the bend of Ballast Cove

where they tumble and rub into smooth grey spheres The water here doesn't crash against the rocks and spray as it does a few feet away but rumbles and folds in a tidal pull

I learned to skip and run along these rocks the jagged ones and the smooth --they have different challenges each liable to tip and slip under foot You have to learn to move quick to make it work

You can get to the lighthouse this way
a mile and a half down the coast
past Strawberry Field and Shelley Cove
All the way down
and then up the rock face to the light
And when the fog rolls in
the light circles round and sounds a muffled horn to an echoed thump

In a body mostly made of water in tissue, bone, and blood it's easy to look out and down and to hear that sound make pace with your own pulse And to feel there for a moment part of that fog whose boundary with the sea can be hard to perceive And to be, in that blurry terrain less sure of the geographical boundaries among body, water and fog To know, for just a breath or two that we're all bodies of water, after all water molecules stirring in solid, liquid and gas contained and constrained by the pull of electric charge